

Opal's Advance Planning: Reflection Questions, 2025



Use these questions to help guide your thoughts and conversations as you begin the process of advance planning.

- Who do I trust to carry out my healthcare or legal decisions if I cannot?
- What values or beliefs do I want reflected in my end-of-life choices?
- Have I already shared my preferences with my loved ones or care team?
- How do I want to ease the burden on my family or caregivers?
- Do I have a will or trust? If not, what's holding me back?
- What kind of memorial or farewell feels meaningful to me?
- Would I prefer cremation or burial—and why?
- Do I want to be remembered in a specific location (e.g., scattered ashes, urn at home, cemetery niche)?
- Would I want a large ceremony, something private, or no formal event at all?
- Do I want to prepay for funeral or cremation services, or just document my preferences?

Have Questions?

Visit opalcremation.com or call us at 888-963-2299.