

# How to Say Goodbye to a Loved One in Hospice

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## Before

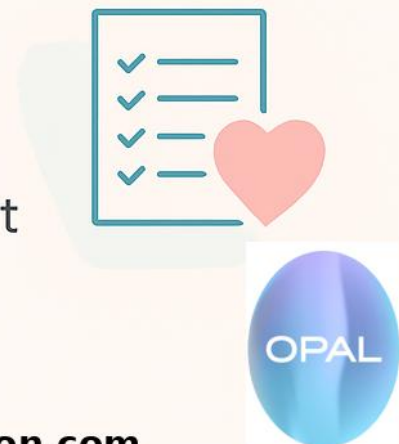
- ☐ Discuss end-of-life wishes
- ☐ Express love and gratitude
- ☐ Plan visits around their energy

## During

- ☐ Speak calmly and reassuringly
- ☐ Be present and offer comfort
- ☐ Share memories and stories

## After

- ☐ Take time to process your emotions
- ☐ Reach out for grief support
- ☐ Honor their memory



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